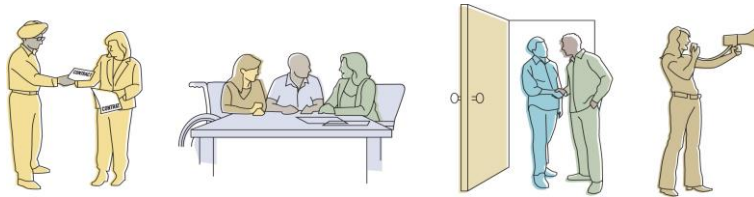




# 67<sup>th</sup> ANNUAL EDUCATION DAY

Sponsored by Alberta Division and UDD



## SHERATON RED DEER HOTEL

3310 50 Avenue, Red Deer, AB

**SATURDAY, MARCH 18, 2017**

9 a.m. – 4 p.m.

*DEADLINE FOR REGISTRATION IS: March 1, 2017*

### **COST:**

**\$40.00 per participant**

**Mark your calendar and come enjoy a  
FULL day of Education Workshops**

**Morning Session 9am - 12pm / Lunch / Afternoon Session 1pm - 4pm**

**CUPE** *education*

# WORKSHOPS

## **BUILDING STRONG LOCAL UNIONS**

It is important that CUPE members in Alberta continue to work with their Local Unions to strive for the best! The best means engaging the membership and creating solidarity within your local, but also within the larger Labour movement and the community. This course will cover, issues, problem and solutions that are relevant to your local. You will learn strategies for making your local more inclusive and welcoming and you will work on an action plan that will strengthen your local.

## **COMBATING WORKPLACE BULLYING**

Bullying has become an issue in many workplaces in Alberta. This course is designed to teach you what bullying is, how it hurts everyone, how to change from bystander to someone who will take action when we see bullying happening in our workplaces. Knowledge is the key to knowing that the Union can make a difference.

Bullying hurts everyone. As union members, we have a role to play in combating workplace bullying. Come and talk about:

- What bullying is, and isn't
- How bullying hurts everyone
- How not to be a bystander
- How the union can make a difference

## **AN INTRODUCTION TO CUPE**

With the changing demographics in CUPE Alberta, now it the time that we be more inclusive and welcoming of our new Local members. This course is designed to deepen your understanding of Union values, learn about CUPE's structure, to understand how unions solve problems and to develop and gain skills that will help members play a stronger role in their CUPE locals.

## **STEWARD LEARNING SERIES**

**In order to register for the SLS workshop members must have completed the Introduction to Stewarding workshop and have some practical experience as a steward. Please bring your Collective Agreement and your Stewards Passport (if you have one).**

### **• Understanding Mental Health**

One of five people in Canada will experience a mental health issue each year. As stewards, when members come to us for assistance we need to be aware of this. This course will explore the steward's role in supporting and representing members around mental health and mental illness. We will learn what to do about the stigma attached to Mental Illnesses and how to approach conversations with member when we suspect there may be a mental health issue.

**Should you have any questions or concerns please contact  
Audrey Barr, Education Representative  
780-288-0736 or  
[abarr@cupe.ca](mailto:abarr@cupe.ca)**

# REGISTRATION FORM

## ALBERTA DIVISION 67<sup>TH</sup> ANNUAL EDUCATION DAY, MARCH 18<sup>TH</sup>

**Registration Fee: \$40.00 per member**

**DEADLINE FOR REGISTRATION IS: MARCH 1, 2017**

WORKSHOPS	
<b>WORKSHOP A</b>	BUILDING STRONG LOCAL UNIONS
<b>WORKSHOP B</b>	COMBATING WORKPLACE BULLYING
<b>WORKSHOP C</b>	AN INTRODUCTION TO CUPE
<b>WORKSHOP D</b>	SLS – UNDERSTANDING MENTAL HEALTH

**\*PLEASE register for one (1) workshop**

NAME	ADDRESS	PHONE	LOCAL	WORKSHOP
Example: John Smith	7899 Road to Paradise Millet, AB T2B 0K9	780-999-5566	0909	B

**Please return this portion with your cheque made payable to CUPE Alberta Division:**

CUPE Calgary Area Office, c/o Melody Voykin  
240N 3015 5 Avenue NE  
Calgary AB T2A 6T8