

CUPE Calgary District Council

is proud to sponsor



Workshops

Friday, April 6 &
Saturday, April 7, 2018

CUPE education

REGISTRATION FORM

CUPE Calgary District Council – Spring Workshops
Calgary AB – Friday, April 6 & Saturday, April 7, 2018

Registration Fee: \$75.00 per participant

DEADLINE FOR REGISTRATION IS: March 23, 2018

***PLEASE register for only ONE (1) workshop**

WORKSHOP A: Introduction to Pensions

WORKSHOP B: Steward Learning Series

WORKSHOP C: Introduction to Health & Safety

NAME	EMAIL ADDRESS	PHONE	LOCAL	WORKSHOP CHOICE A, B or C
Example: John Smith	janedoe@shaw.ca	780- 999-5566	909	B

***Please indicate any dietary restrictions/allergies**

Name: _____ Restriction/Allergy: _____

Please return this portion with your cheque payable to CUPE Calgary District Council:

Patty Kinahan
CUPE Alberta Regional Office
300, 10235 – 124 Street NW
Edmonton AB T5N 1P9

The logo features the word "Spring" in a green, bubbly font, with a small sun and a ladybug above the 'i'. Below "Spring" is the word "Workshops" in a larger, green, sans-serif font. A horizontal line is positioned below the word "Workshops".

Spring Workshops

WORKSHOP A – Introduction to Pensions

Pensions are our deferred wages. That's what makes them a union issue – whether you're trying to get a workplace pension for your members or are trying to protect the one you have.

In this workshop, you'll learn about:

- Government pensions – the Canada Pension Plan, the Old Age Security Program and the Guaranteed Income Supplement;
- The different kinds of workplace plans and why some are better than others;
- The attacks on workers' pensions – and how we can fight back as union members.

WORKSHOP B – Steward Learning Series

*In order to register for the SLS workshop members **must** have completed the Introduction to Stewarding workshop. Please bring your **Collective Agreement** and your **Stewards Passport**.*

Creating Psychologically Healthy and Safe Workplaces – What is a psychologically healthy and safe workplace? Learn to identify the psychological hazards in our workplaces, and the role of the steward in eliminating psychological hazards.

Understanding Mental Health – Explore the steward's role in supporting and representing members around mental health and mental illness. Learn what to do about stigma, and how to approach a conversation with a member about a possible mental health issue.

Notetaking – Why do I have to take notes? What kind of notes should I take? Are my notes private? This module answers important questions like these and provides practice time to work on note taking skills.

WORKSHOP C – Introduction to Health & Safety

This course serves as an introduction into the world of health & safety and explores different concepts such as:

- Identification of hazards;
- Hierarchy of controls;
- The basic role of health and safety committees
- Basics on the right to refuse

INFORMATION

DATE: April 6 & 7, 2018

LOCATION: CUPE Local 37 Hall
5112 3rd Street SE
Calgary AB

REGISTRATION FEE: \$75.00
Lunch and snacks provided
(Cheques payable to CUPE Calgary District Council)

DEADLINE FOR REGISTRATION IS March 23, 2018

SCHEDULE

Friday, April 6

5:30 p.m. to 6:00 p.m.

Registration

6:00 p.m. to 9:00 p.m.

Workshop A, B & C

Saturday, April 7

9:00 a.m. to 12:00 noon Workshop A, B & C

12:00 noon to 1:00 p.m. Lunch

1:00 p.m. to 4:00 p.m. Workshop A, B & C

Please Direct Any Questions/Concerns Regarding Workshops to:

Audrey Barr, Education Representative

CUPE Alberta Regional Office

Phone: 780-484-7644 or

Email: abarr@cupe.ca