



ALBERTA'S 43rd ANNUAL WEEKLONG SCHOOL



Red Deer College

May 26 – May 31, 2019

CUPE education



Canadian Office &
Professional Employees
Local #495

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MESSAGE FROM THE NATIONAL PRESIDENT

February 2019

Sisters and Brothers:

CUPE's Education Program is second to none in the labour movement and provides our members with the skills necessary to fully participate in our union. I would encourage all CUPE locals in Alberta to send members to the 2019 Weeklong School in Red Deer from May 26 to May 31.



CUPE weeklong schools give participants the opportunity to share their experiences and learn from each other. I'm sure you will find the course selection offered broad enough to appeal to all of your activists, whether they be new to our union or seasoned veterans.

Participants will no doubt work hard during the week. They will also renew old acquaintances and make new ones. You will learn from others' experiences and others will learn from you. Please take the time out of your busy schedules and register today.

In solidarity,

A handwritten signature in black ink, appearing to read 'Mark Hancock'.

MARK HANCOCK
National President

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MARK HANCOCK
National President/Président national
CHARLES FLEURY

National Secretary-Treasurer/Secrétaire-trésorier national

DENIS BOLDUC, FRED HAHN, JUDY HENLEY, DANIEL LÉGÈRE, MARLE ROBERTS
General Vice-Presidents/Vice-présidences générales



Message from CUPE Alberta

Dear Sisters and Brothers and Friends,

Welcome to the 2019 Weeklong School, sponsored by CUPE Alberta.

CUPE'S commitment to you as a union activist is to provide assistance in providing the best labour education. This school is an important part of the training CUPE Alberta together with CUPE National Education provides to ensure that we do the best job possible for our members.

For over 40 years, CUPE members have been gathering annually to learn new skills, meet new friends, and network with other activists from around the province.

So work hard, have fun, and take advantage of the knowledge and resources available to members of Canada's largest union.

Together we are stronger!

CUPE Alberta Executive

INFORMATION

WHO CAN ATTEND?

The school is open to all CUPE members.

LOCATION

Red Deer College

100 College Blvd, Red Deer, AB

ARRIVAL

Registration will begin Sunday, May 26 from 4:00 p.m. to 5:00 p.m. at the

Residence Building by S Lot Parking.

(See map)

Participants need to make their own arrangements for Sunday meals as meal service begins Monday morning.

COST - \$740.00 per member

Registration covers each participant's accommodations with breakfast, lunch and supper provided Monday through Thursday (Steak/chicken/fish BBQ on Thursday evening) and breakfast and lunch on Friday.

If you do not require accommodation, the cost is \$540.00 per member.

Please ensure you complete the dietary restriction section of the registration so that special arrangements can be made if you have any dietary restrictions.

All cheques made payable to
Canadian Union of Public Employees.

NOTE: Registration must be done online. Deadline for registration April 17th

SCENTS AND FRAGRANCES

In response to the health concerns of our members and staff, CUPE has implemented a Scent-Free Policy at all of our workshops. Scented products such as hair spray, perfume and deodorant can trigger reactions such as respiratory distress and

headaches. Facilitators and participants are asked to refrain from using scented products while attending our workshops and meetings.

WHAT TO BRING

Bedding and small pillows are provided at the College.

The College does not provide maid service.

There are no alarm clocks, irons or ironing boards, microwaves, televisions or telephones in the rooms.

Personal Items:

- casual and comfortable clothing
- personal toiletry articles (unscented)
- radio
- alarm clock
- clothes hangers

Optional Items:

- Musical Instruments
- Golf clubs
- Sporting equipment
- Lawn chair
- Your own pillow
- Foamy for a single bed, as beds are firm

Please bring your **Collective Agreement and Bylaws.**

This brochure is also available on

CUPE Alberta Division's website:
www.alberta.cupe.ca

INFORMATION

WORKSHOPS

Class sizes will be limited to approximately 25 participants. Participants will be registered on a first-come – first choice basis.

CODE OF CONDUCT

All participants are advised that a high standard of trade union behaviour is expected of them. All forms of harassment are unacceptable. Incidents will be dealt with in a fair and quick fashion in accordance with the CUPE Code of Conduct. The CUPE Education Representative has the right to send participants home without refund for inappropriate behaviour.

GENERAL INFORMATION

All participants are expected to attend the Opening and Closing Assemblies. We suggest that participants time their arrival on Sunday, May 26 between 4:00 p.m. and 5:00 p.m.

WHAT IS AN OMBUDSPERSON?

An Ombudsperson assists with the fair and expeditious resolution of complaints in an **impartial, confidential** and **independent** manner.

OMBUDSPERSON

Contact Phone Number:
587-215-9352

**Make cheque payable to: Canadian Union of Public Employees
(\$740 with accommodation, \$540 without accommodation)**

You are not considered registered until we receive your payment.

Mail cheque to:

Patty Kinahan, Secretary
Canadian Union of Public Employees
300, 10235 – 124 Street
Edmonton AB T5N 1P9

A refund will be issued providing notice of cancellation is given prior to **April 19th**

Should you have any questions or concerns please contact

Audrey Barr, Education Representative

780-288-0736

or

e-mail at abarr@cupe.ca

MENU

Day	Breakfast	Lunch	Dinner
Monday	Scrambled eggs, hash browns, toast, bacon and fresh fruit	Pizza and caesar salad	Taco station with all of the fixings- chicken taco meat and beef taco meat and greek salad White slab cake with icing
Tuesday	Pancakes or french toast and sausages, and fresh fruit	Chili con carne, rice and tossed salad with dressing	Baked chicken with scalloped potatoes and coleslaw Ice cream
Wednesday	Breakfast sandwiches- English muffins with egg, cheese and bacon, and fresh fruit	Hamburgers and chicken burgers with french fries and assorted veggies	Pork loin with mashed potatoes or roasted potatoes and mixed veggies. Rice crispy squares and puffed wheat squares
Thursday	Hard boiled eggs, ham, toast and fresh fruit	Chicken pot pie and coleslaw	Steak or fish or chicken option, baked potatoes and fixings, baked beans, garlic toast, spinach salad and quinoa salad Assorted squares Cash Bar
Friday	Scrambled eggs, hash browns, toast and fresh fruit	Box lunches - cold cut options and veggie option sandwiches, apple or orange, chips.	

Beverages

Breakfast - assortment of juices, coffee, tea and water

Lunch - coffee, tea, water and assorted fountain pop

Dinner - coffee, tea and water

Snacks - coffee, tea, ice tea and lemonade.

Snacks

- Cheese, crackers, pickles and cold cuts
- Cinnamon rolls and pastries
- Fruit skewers and veggie tray with dips
- Nacho chips with salsa, hummus and veggies
- Yogurt and fruit cups
- Bran muffins with butter
- Popcorn and apples
- Banana bread

WORKSHOPS

INTRODUCTION TO HUMAN RIGHTS

What are human rights? The Universal Declaration of Human Rights (UDHR) was adopted in 1948, partly in response to the atrocities of World War II. Human rights have become a part of social expectations, but how do they affect us? This workshop will help you:

- Identify the link between oppression and class struggles
- Determine how all kinds of discriminations operated in the past, and how they operate today
- Challenge oppressive attitudes and behaviours, ideas and systems in our society through individual and collective action
- Explore how talking about human rights issues strengthens our union.

LEGAL LEGISLATION

This course will allow participants to understand better Human Rights, WCB, and the Labour Relations Board. Further, members will learn about notetaking, labour terminology and the changes to the Employments Standards and how they affect our Union.

MENTAL HEALTH

Half the population will experience a mental health problem over their lifetime. And 20% of us are dealing with mental illness on any given day. Mental health issues touch every one of us directly or indirectly. What does this mean for us as workers? What about our role as union activists? What are our duties and responsibilities? How can we support members who may be dealing with mental illness? This workshop will help answer these questions and more.

STEWARD LEARNING SERIES

*In order to register for the SLS workshop members **must** have completed the Introduction to Stewarding workshop and have some practical experience as a steward. Please bring your Collective Agreement and your Stewards Passport*

- Duty of Fair Representation
- Challenging Racism
- Solidarity with Indigenous Workers
- Representing Members in Front of Management
- Grievance Handling
- Challenging Sexism in the Workplace
- Literacy Awareness
- Handling Discipline & Discharge
- Creating Accommodation-Friendly Workplaces
- Disability & Ableism in the Workplace
- Representing Gender & Sexually Diverse Members
- Ally Skills for Stewards
- Green Action for Stewards
- Popular Economics
- Understanding Mental Health
- Psychologically Safe Workplaces

**Register online at
cupe.ca**

43rd Annual Alberta Weeklong School

WORKSHOPS
Introduction to Mental Health
Mental Health Weeklong
Legal & Legislative
Human Rights

Choose A or B for each session for the SLS workshops. E.g. Monday morning - A

SLS WORKSHOPS	Choice A	Choice B
Monday Morning	Duty of Fair Representation	Challenging Racism in the Workplace
Monday Afternoon	Solidarity with Indigenous Workers	Representing Members in Front of Management
Tuesday Morning	Grievance Handling	Challenging Sexism in the Workplace
Tuesday Afternoon	Literacy Awareness	Handling Discipline & Discharge
Wednesday Morning	Creating Accommodation-Friendly Workplaces	Disability & Ableism in the Workplace
Wednesday Afternoon	Representing Gender & Sexually Diverse Members	Ally Skills for Stewards
Thursday – all day	Green Action for Stewards & Popular Economics	Understanding Mental Health & Psychologically Safe Workplaces

Note important information to register for 2019 Weeklong

Online you will find all of the options for weeklong school.

If you are attending, Human Rights, Mental Health or the Legal and Legislative course, just check that box.

If you are doing the Steward Learning Series, you can only register in 8 of the options allowed. Please note the following:

You must check two SLS boxes per day. **Note the time and date offered.**

For Example:

- May 27 am course and pm course
- May 28 am course and pm course
- May 29 am course and pm course
- May 30 am course and pm course- Please note that if you choose Understanding Mental Health then you will need to choose Psychologically Safe Workplaces and if you choose Green Action for Stewards, you will need to choose Popular Economics for Stewards

AGENDA

Sunday, May 26



Registration	4:00 p.m. - 5:00 p.m.
Residence Building by S Lot Parking	
Opening Assembly	6:30 p.m.

Monday, May 27 to Thursday, May 30

Breakfast	7:30 a.m. - 8:30 a.m.
Workshops	9:00 a.m. - 12:00 noon
Lunch	12:00 p.m. - 1:00 p.m.
Workshops	1:00 p.m. - 4:30 p.m.
Supper	6:00 p.m. - 7:00 p.m.

***Steak/Fish/Chicken Barbeque Supper Thursday**

Friday, May 31

Breakfast	7:30 a.m. - 8:30 a.m.
Workshops	9:00 a.m. - 10:30 a.m.
Closing Assembly & Skits	10:30 a.m. - 11:30 a.m.
Bag Lunch & Departure	12:00 noon

**** All participants are required to checkout before breakfast on Friday**





ANNUAL ALBERTA WEEKLONG SCHOOL
RED DEER, ALBERTA

APPLICATION FOR REIMBURSEMENT MAY 26 – May 31, 2019
FOR LOCALS WITH 100 MEMBERS OR LESS

LOCAL NUMBER: TYPE OF LOCAL:

MAILING ADDRESS:

NUMBER OF MEMBERS:

DATE:

In accordance with Article 17 – Section 3 of the Alberta Division Constitution:

This is to certify that Local No. will be applying to the Alberta Division for reimbursement for one (1) Delegate to attend the Alberta Weeklong School held at Red Deer College, Red Deer, Alberta.

To be eligible for Small Local Assistance to a Division function, the Local must be in good standing.

SIGNED ON BEHALF OF THE LOCAL:

PRESIDENT

SECRETARY/TREASURER

ALL EXPENSES WILL BE PAID TO THE LOCAL

NAME OF DELEGATE:

WAGES LOST: HOURS AT \$ x 75% \$

REGISTRATION AND ACCOMMODATION: \$ x 75% \$

TRAVEL: KMS. @ .55 \$ x 75% \$

BUS: \$ AIRFARE: \$ x 75% \$

TOTAL REIMBURSEMENT: \$

Cheque Received by: Delegate Signature

Cheque Number

PLEASE return this form along with appropriate receipt(s) to the following:

TREASURER
CUPE ALBERTA DIVISION
125 Simcoe Way
Fort McMurray, AB T9H 3B4



ANNUAL ALBERTA WEEKLONG SCHOOL
RED DEER, ALBERTA

APPLICATION FOR
AT HOME CHILD CARE SUBSIDY

DELEGATE NAME: _____

Please indicate the dates for which at-home child care expenses were incurred, other than those normally incurred had the delegate been performing her/his normal work shift.

Upon submission of a receipt, your Local Union will be reimbursed to the maximum of \$75.00 per day per child.

Table with 4 columns: LOCAL NUMBER, DATE, COST, NAME OF CHILDREN. Contains 6 rows of blank lines for data entry.

MAILING ADDRESS: _____

Signature of Delegate Signature of Local Treasurer

ALBERTA DIVISION CONSTITUTION

Article 16 – CHILD CARE AND EXPENSES

Section 2

The Division may reimburse delegates for off-site child/dependent care expenses, unless such expenses would have been normally incurred had the employee been performing their regular work shift.

Within one (1) month of the close of a Division sponsored function, delegates, through their Local Unions, may apply to the Canadian Union of Public Employees Alberta Division for reimbursement of receipted child/dependent care expenses to a maximum of \$75.00 per day per child/dependent.

Original receipts of payment from the caregiver/facility must be provided with an accompanying letter from the Local Union verifying the costs, in addition to the "Child/Dependent Care" expense form provided by the Division Treasurer.

To be eligible for Child Care Expenses, the Local must be in good standing.

PLEASE return this form along with appropriate receipt(s) to:

TREASURER
CUPE ALBERTA DIVISION
125 Simcoe Way
Fort McMurray, AB T9H 3B4

Map of Red Deer College Campus

